

“I have decided to become a saint”

An introduction to the life and spirituality of

St. Thérèse of Lisieux

Thérèse is one of the most celebrated saints of our times, both by Christians and non-Christians alike.

What attracts a multitude of people to this simple French girl?

Between 2023 - 2025, The Carmelite Family throughout the world is celebrating the various anniversaries of St. Thérèse.

150th anniversary of the birth (January 2nd, 1823)

1st centenary of the beatification (April 29, 1923)

1st centenary of the canonization (May 17, 2025)

Mount Carmel Spirituality center takes this opportunity to invite you to the first among a series of talks and retreats to learn the life and spirituality of this ordinary girl who lived her life with extra-ordinary love!

Saturday, September 30, 2023

9:15am: Morning Prayer

9:30am: Recitation of the Holy Rosary

10:00am: Holy Sacrifice of Mass

11:00am: An introduction to the early life and spirituality of Thérèse

12:00pm: Adoration and benediction

Mount Carmel Spirituality Centre

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