



Mount Carmel Spirituality Centre

1225 Township Road 535
Parkland County, Alberta T7Y 0H5

...run by the Discalced Carmelite Order, OCD
for Canadian Carmelite Charitable Society



Everyone is welcome
to our Half-Day **Retreat**

October 9th 2021

Christian Discipleship

The Christian life is a call to discipleship. Each of us, no matter what state we find ourselves in, is called to follow Jesus Christ. What does that mean for us as a married couple? As a family member? As a single person? What are some of the specific challenges we're facing in these days of social distancing and lockdowns? How can we live out and proclaim the Gospel of Christ in our daily lives and relationships? How can the Church help me to follow Jesus?



Paul & Carol Quist

are the founders of
WILD GOOSE MARRIAGE ACADEMY
(for the strengthening of marriages and families)

They have over 45 years between them of experience in pastoral ministry.

During the past 15 years they've worked with over 700 couples in marriage formation and coaching.

wgmacademy.com



Talks given by Paul & Carol Quist

10:00 to 10:40 talk **Following Christ in Married Life**

11:00 to 11:30 **Holy Mass**

11:35 to 12:15 talk **Following Christ in Family Life**

12:20 to 1:00 talk **Following Christ in Single Life**

Retreat ends at 1:00 but those who want confession are welcome to stay.



IMPORTANT! (Please remember to **BRING YOUR OWN MASK**)

Cost: Donation

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