



# Mount Carmel Spirituality Centre

1225 Township Road 535  
Parkland County, Alberta T7Y 0H5

...run by the Discalced Carmelite Order, OCD  
for Canadian Carmelite Charitable Society



Everyone is welcome  
to our **Half-Day Retreat**

**July 31<sup>st</sup> 2021**

## THE WORD OF GOD: IS THE FOUNDATION OF OUR FAMILIES

**“In the beginning was the Word. And the Word was with God and the Word was God; All things were made through him and without him nothing came to be.” (John 1:1-3)**

The words of the Bible are anointed by the Holy Spirit. They have the full ability to completely change and transform each one of us if we are willing to work with the divine truths that are contained in the actual words of the Bible.

Jesus says that we shall know the truth and the truth shall make us free. However, we first should know what the real truth is and the truth will set us free. We all have to rely on the word of God to build our holy lives and our holy families.

The Word of God is the direct line of communication from the Lord.



10:00 to 10:45 talk **The Word of God in my Life**  
(by Fr. Mario)

11:00 **Holy Mass**

11:40 to 12:20 talk **The Word of God in our Families**  
(by Fr. Rajesh)

12:20 *summary* of the talks & questions (Fr. Mario)

Retreat ends with **Benediction** at 1:00pm

**Cost: Donation**

Retreat given by **Fr. Mario Fernandes, ocd**  
**Director of the Centre**

He has a Masters Degree in Sociology, Bachelor of Arts and Philosophy, Counselling in Addictions, and CPE (Clinical Pastoral Education).  
He has given many talks and retreats in Canada & U.S.



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