



# Mount Carmel Spirituality Centre

1225 Township Road 535  
Parkland County, Alberta T7Y 0H5

...run by the Discalced Carmelite Order, OCD  
for Canadian Carmelite Charitable Society



Everyone is welcome  
to our Half-Day **Retreat June 19<sup>th</sup> 2021**

## SPIRITUAL WARFARE



When Catholics think of spiritual warfare, they tend to think of this battle as up in heaven or somewhere external to them; rarely do they identify the battle within.

This retreat will increase your awareness of spiritual warfare in the everyday struggles of life as well as equip you for specific prayers for protection; we have nothing to fear as long as we remain mindful of the reality of spiritual warfare and focused on prayer.

A Gospel parable tells us of an enemy who sows weeds in the midst of a farmer's wheat seeds. He tells his workers that they cannot pull out the weeds because that will harm his crop; instead, they need to let them grow together and separate them at harvest:

*Let them grow together until harvest;  
then at harvest time I will say to the harvesters,  
"First collect the weeds and tie them in bundles for burning;  
but gather the wheat into my barn. (Matthew 13: 24-43)*

At the beginning of creation, Lucifer and a number of angels (estimates are one-third) rebelled against God and separated themselves from communion with Him. The results of this are known as *The Fall of Man*.

Adam and Eve, who had walked with God in the garden "in the cool of the evening," were now separated from his presence and unable to return.

They were to labor for their survival, and women were to suffer in childbirth. They were subject to sickness and death — a life outside of God's communion and vulnerable to physical hardship and spiritual warfare.

The Catechism establishes the full expanse of spiritual warfare by clarifying that as Christ comes to save us for full communion with God, so Satan seeks to disrupt our full communion with God in hopes to draw others to himself.

*Evil is not an abstraction, but refers to a person, Satan, the Evil One, the angel who opposes God. The devil is the one who 'throws himself across' God's plan and his work of salvation accomplished in Christ. (CCC 2851)*

**Cost:  
Donation**

**10:00 to 11:00 talk Truth about Spiritual Warfare**

**11:00 to 11:30 Holy Mass**

**11:45 to 12:45 talk Recognizing the Enemy's Strategy**

Same talks will be given at 4pm for those who cannot come in the morning. End the retreat with **Holy Mass at 5:30 pm**.

**Retreat given by Fr. Mario Fernandes, ocd  
Director of the Centre**

He has a Masters Degree in Sociology, Bachelor of Arts and Philosophy, Counselling in Addictions, and CPE (Clinical Pastoral Education).  
He has given many talks and retreats in Canada & U.S.



All attending must be willing to strictly follow the practices of  
AHS Covid19 GUIDANCE FOR PLACES OF WORSHIP



**IMPORTANT! (Please remember to BRING YOUR OWN MASK)**

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