



# Mount Carmel Spirituality Centre

1225 Township Road 535  
Parkland County, Alberta T7Y 0H5

...run by the Discalced Carmelite Order, OCD  
for Canadian Carmelite Charitable Society  
Charity # 814108346 RR 0001



Everyone is welcome  
to our One-Day Retreat **December 14<sup>th</sup> 2019**

## Jesus In The Stable



**Cost:**  
**Donation**

- 10:00 to 11:00 talk **JESUS is born to LOVE me**
- 11:05 to 11:30 Group discussion  
Question & Answer
- 11:30 to 12:00 talk **Silent Night**
- 12:00 to 12:30 Time with Jesus  
before the Blessed Sacrament
- 12:30 to 1:30 Lunch (Bring Your Own)
- 1:30 to 2:30 talk **Christmas I Love**
- 3:00 Divine Mercy Chaplet
- 3:15 Rosary and Confessions
- 3:45 **Holy Mass**
- 5:00 **Movie: Silent Night**  
(95 min)

The powerful true story behind the most popular Christmas carol of all time. In Austria, in the year 1818, priest Joseph Mohr writes the lyrics to the beloved Christmas carol "Silent Night".

Initial release: November 22, 2012 (USA)



Many people suggest that the true meaning of Christmas is being kind to each other, or helping our families. We have the answer in the Catechism of the Catholic Church...

525 Jesus was born in a humble stable, into a poor family. Simple shepherds were the first witnesses to this event. In this poverty heaven's glory was made manifest. The Church never tires of singing the glory of this night:  
*The Virgin today brings into the world the Eternal and the earth offers a cave to the Inaccessible. The angels and shepherds praise him and the magi advance with the star, For you are born for us, Little Child, God eternal!*

Retreat given by **Fr. Mario Fernandes, ocd**  
Director of the Centre

He has a Masters Degree in Sociology, Bachelor of Arts and Philosophy, Counselling in Addictions, and CPE (Clinical Pastoral Education). He has given many talks and retreats in Canada & U.S.



**BRING YOUR OWN LUNCH** but supper will be provided  
Any **DONATION** for supper is **APPRECIATED**.

**IMPORTANT!** (Please remember to **BRING YOUR OWN LUNCH**)

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