



# YOU ARE INVITED TO JOIN US AT THE Mount Carmel Spirituality Centre

**Saturday  
December 8th, 2018**

**Call 780-963-0896 or Register on our Website. Donations Welcome!**

## **TOPIC: *EMMANUEL—GOD WITH US***



*Let us come together to prepare ourselves spiritually  
to give birth to Jesus in our hearts.*

**Donations are welcomed. Please bring your own lunch!**

### **SCHEDULE FOR THIS RETREAT:**

10:30 to 11:30....**My Relationship with Jesus** - Fr. Mario Fernandes

12:00 noon .....Lunch

1:00 to 1:30.....**Time with Jesus** in the Most Blessed Sacrament of the Altar  
- Fr. Ivan Sanctis

2:00 to 2:45.....**Do I need Jesus in My Life and Family** - Fr. Mario

3:00 to 3:40.....Divine Mercy Chaplet; and Confessions

4:00 pm.....**Holy Mass** by Fr. Ivan

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