



YOU ARE INVITED TO JOIN US AT THE Mount Carmel Spirituality Centre

Saturday, August 11, 2018

10:30AM to 4PM



FREE! Please Call to Register...

A Free Lunch Will Be Provided

TOPIC: *WHEN I CANNOT PRAY*

Prayer is a silent attentiveness which looks at God by contemplating and adoring his attributes. Prayer is "...nothing else than a close sharing between friends; it means taking time frequently to be alone with Him who we know loves us." In this inner prayer we can still meditate, but our attention is fixed on the Lord Himself. Contemplation, like all prayer, is pure gift, and not anything one can achieve.

"May today there be peace within. May you trust God that you are exactly where you are meant to be. May you not forget the infinite possibilities that are born of faith. May you use those gifts that you have received, and pass on the love that has been given to you. May you be content knowing you are a child of God. Let this presence settle into your bones, and allow your soul the freedom to sing, dance, praise and love. It is there for each and every one of us."

Christ has no body now, but yours. No hands, no feet on earth, but yours. Yours are the eyes through which Christ looks compassion into the world. Yours are the feet with which Christ walks to do good. Yours are the hands with which Christ blesses the world.

St Teresa of Avila



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