



# YOU ARE INVITED TO JOIN US AT THE Mount Carmel Spirituality Centre

## Saturday, September 15, 2018

### 10:30AM to 4PM



**FREE!** Please Call to Register...

A Free Lunch Will Be Provided

### **TOPIC: *HONEY, DO YOU LOVE ME?***

#### **Retreat for Couples...**

Marriage is gift from God. In marriage man and woman builds an unbreakable bond of love between Christ and his people. Like the other six Sacraments of the Church, marriage is a sign or symbol which reveals the Lord Jesus and through which his divine life and love are communicated. All seven Sacraments were instituted by Christ and were entrusted to the Church to be celebrated in faith within and for the community of believers. The rituals and prayers by which a sacrament is celebrated serve to express visibly what God is doing invisibly.

Catholic teaching holds that sacraments bring grace to those who receive them with the proper disposition. Grace is a way of describing how God shares the divine life with us and gives us the help we need to live as followers of Christ. In marriage, the grace of this Sacrament brings to the spouses the particular help they need to be faithful and to be good parents. It also helps a couple to serve others beyond their immediate family and to show the community that a loving and lasting marriage is both desirable and possible.

**Pope Paul VI wrote: "By it [the Sacrament of Matrimony] husband and wife are strengthened and...consecrated for the faithful accomplishment of their proper duties, for the carrying out of their proper vocation even to perfection, and the Christian witness which is proper to them before the whole world" (*Humanae Vitae*, n. 25).**



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